

## Code of Conduct

**The following conduct is expected of all Gyrotonic and Gyrokinesis Trainers:**

1. Be honest in all professional activities
2. Treat all communication with students/clients with professional confidentiality.
3. Maintain a safe, clean and comfortable teaching environment.
4. Represent yourself honestly with regard to training, experience and qualifications and refer clients/ students to physicians and other professionals as needed and/or indicated.
5. Never attempt to diagnose a student's physical or psychological condition, prescribe a treatment, or suggest or approve of going against a physician's advice.
6. Describe yourself as a teacher of movement using the Gyrotonic method and/or Gyrokinesis method and clearly state when you are teaching by this method and when you are not.
7. Inform clients/students as to fees and conditions of work, expected duration, and results.
8. Follow all local, state, and national laws that pertain to teaching the Gyrotonic and/or Gyrokinesis method(s).
9. Honor the terms specified in all contracts with Gyrotonic Sales Corp, including but not limited to, the terms outlined in the Trademark License Agreement and Confidentiality and Non-Disclosure Agreement.

**The following conduct is unacceptable and will not be tolerated:**

1. All forms of bias including race, ethnicity, gender, disability, national origin, religion and creed as demonstrated through verbal and/or written communication and/or physical acts.
2. All forms of sexual suggestion or harassment with clients, students & other trainers, even when they invite or consent to such behavior involvement. Sexual suggestion is defined as, but not limited to, all forms of overt and covert seductive speech, gestures, and behaviors as well as physical contact of a sexual nature; harassment is defined as, but not limited to, repeated comments, gestures, or physical contact of a sexual nature.
3. All types of proven dishonesty, including cheating, plagiarism, knowingly furnishing false information, forgery and alteration or use of official documents with intent to defraud.
4. Intentional disruption or obstruction of teaching, administration, or other educational activities.
5. Theft or damage to the property or premises of others.
6. Teaching while intoxicated, under the influence of a controlled substance, or in any other state that would result in impaired judgment.
7. Violation of the terms specified in all contracts with Gyrotonic Sales Corp, including, but not limited to, the terms outlined in the Trademark License Agreement and Confidentiality and Non-Disclosure Agreement.

## Scope of Practice

The Gyrotonic and Gyrokinesis methods are not massage techniques, bodywork techniques or medical practices. They are exercise practices that can have therapeutic benefits and may function as a compliment to medical care. Gyrotonic and Gyrokinesis Trainers do not provide medical diagnoses, nor do they prescribe, or provide medical treatment.

In addition to demonstration and verbal cues, Gyrotonic Trainers provide supportive, non-corrective touch to provide movement awareness.

## **Compliance with state and local laws**

In certain states, or countries, there may be licensing laws limiting a Gyrotonic or Gyrokinesis Trainer's professional practice unless the trainer has a license or certification in another health or exercise modality. It is the responsibility of Gyrotonic and Gyrokinesis Pre-Trainers and Master Trainers to inform students of this fact prior to course enrollment. It is the student's responsibility to understand, and to be in compliance with, all applicable state and regional licensing laws before teaching the Gyrotonic or Gyrokinesis method professionally.